



Dunas del rif

BERBER HAMMAM
SPA



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@dunasdelrif



www.dunasdelrif.com

Massages

Candle and Hot Stone Treatment

We use hot candles for a comprehensive wrap massage and finish with a hot stone ritual. The candles contain natural moisturizing and nourishing oils, with a mandarin, vanilla and cinnamon aroma.

- ✦ 60 min - 79 €
Candle massage
- ✦ 75 min - 99 €
Candle massage + reflexology
- ✦ 90 min - 116 €
Candle and hot stone massage

Cranial, Facial and Cervical Massage

Relaxing and decontracting massage to relieve tension in the cervical and facial area, including arms and hands, followed by a cranial and facial massage.

- ✦ 30 min - 45 €
- ✦ 45 min - 60 €
- ✦ 1 hour - 75 €
- ✦ 75 min - 95 €
Includes mask or simple facial cleansing

Drenaje Amazig

An ancestral experience inspired by Berber wisdom. This ritual combines fluid and rhythmic movements that activate circulation and promote the natural elimination of toxins. Amazig Drainage is perfect for reducing fluid retention and restoring harmony to the body, leaving a feeling of deep lightness. An ideal treatment for those seeking to purify their energy and revitalize their well-being from the roots, wrapped in the essence of an ancient tradition.

- ✦ 60 min - 75 €
- ✦ 90 min - 105 €

Foot reflexology

This treatment begins by cleaning the feet with a cloth soaked in hot water and rosemary, which relaxes and prepares the skin. Then, a reflexology massage is performed with essential oils, stimulating reflex points on the feet to promote balance and well-being throughout the body. Benefits

- ✦ Deep cleansing and relaxation, body balance and general well-being through personalized aromatherapy
- ✦ 30 min - 45 €
- ✦ 60 min - 80 €

Kessa massage

Comprehensive relaxing massage for body, face and scalp, combining gentle and deep massage to relieve muscles and the nervous system.

- ✦ 1 hour - 70 €
- ✦ 90 min - 100 €

Rif massage

Californian wrap massage using forearms and elbows, with gentle and continuous manipulations to release dense and stagnant energy.

- ✦ 1 hour - 75 €
- ✦ 90 min - 105 €

Prenatal Massage

Special massage for the mother-to-be, with gentle and relaxing movements to reduce tension. The 90-minute session includes a more complete foot massage.

- ✦ 60 min - 79 €
- ✦ 90 min - 109 €

Berber massage

Decontracting massage that works the entire body, ideal for people with contractures or tension.

- ✦ 30 min - 45 €
- ✦ 1 hour - 75 €
- ✦ 90 min - 105 €

Hamмам treatments

Rif Rose Treatment

A delicate and aromatic ritual inspired by nature:

- ✦ **Start in our hot saltwater pool (15 min):** Relax your body and soften your skin to enhance the benefits of the treatment.
- ✦ **Honey and brown sugar body scrub using Kessa glove:** We combine the moisturizing effects of honey with the exfoliating power of brown sugar and the Kessa glove, a special tool that effectively removes dead cells, leaving your skin renewed and soft.
- ✦ **Honey facial mask:** Hydrate and nourish the skin of the face with this natural ingredient that provides luminosity and softness.
- ✦ **Hair washing:** We gently clean the hair with natural products, without applying a mask.
- ✦ **Relaxing massage with sweet orange oil:** We finish the ritual with a massage that combines relaxation and aromatherapy, leaving your skin hydrated and with a delicate citrus aroma.

Duration and prices

- ✦ **90 min - €135 - Per person**
Includes: Hammam + Body exfoliation (45 min) + Massage (45 min)
- ✦ **120 min - 165 € - Per person**
Includes: Hammam + Body exfoliation (45 min) + Massage (75 min)

Kessa Treatment

Enjoy a complete treatment that combines tradition and body care:

- ✦ **Start in our warm saltwater pool (15 min):** Relax and prepare your skin for treatment with the therapeutic benefits of saltwater
- ✦ **Application of black soap (Bandi soap):** We use this natural soap to soften the skin and facilitate exfoliation.
- ✦ **Body exfoliation with Kessa glove:** The Kessa glove is a special tool that removes dead skin cells, leaving the skin soft and renewed.
- ✦ **Rhassoul Clay Face and Hair Mask:** Rhassoul clay purifies the skin of the face and hair. The hair mask is diluted with rose water or deionized water to strengthen and revitalize the hair.
- ✦ **Washing your hair with natural soaps:** Complete your hair care with natural soaps that clean and nourish deeply.
- ✦ **Argan oil hydration:** We finish the treatment by applying argan oil enriched with natural essences of lavender, jasmine or orange, leaving your skin hydrated and delicately scented.

Duration and prices

- ✦ **105 min - 159 € - Per person**
Includes: Hammam (15 min) + Body exfoliation (45 min) + Massage (45 min)
- ✦ **135 min - 189 € - Per person**
Includes: Hammam (15 min) + Body exfoliation (45 min) + Massage (75 min)

Berber Oasis Treatment

A sensorial and spiritual journey that combines tradition, relaxation and gastronomy:

- ✦ **Start in our hot saltwater pool (30 min):** Relax and release tension while your skin prepares to receive the benefits of the treatment.
- ✦ **Complete exfoliation with Kessa glove (60 min):** We remove dead cells with a special Kessa glove, leaving the skin soft and renewed.
- ✦ **Customized face and body mask:** We adapt the mask to the needs of your skin, using natural ingredients that hydrate, nourish and revitalize.
- ✦ **Hair washing with natural soap:** Delicate cleansing with handmade soaps that strengthen and care for your hair.
- ✦ **Hot water bowl ritual:** A unique purification and relaxation experience that completes this comprehensive treatment.
- ✦ **Signature Massage (75 min):** A deep massage that combines various techniques to achieve a connection between body, mind and soul. This experience is designed to renew your spirit and achieve complete inner peace.
- ✦ **Delicious typical Berber food:** We finish with a traditional feast that includes
 - Beef tagine
 - Traditional bread and breads with Berber cheese
 - Seasonal fruit
 - Arabic sweets dessert and traditional tea

Duration and prices

- ✦ **Total duration:** 3,5 h
Price: €300 - Per person

Hamмам exfoliations

Kessa

Bathing in a Hot Salt Water Pool

- ◆ Start with a dip in our warm saltwater pool to relax your muscles and open your pores, preparing your skin to receive the benefits of the treatment.

Body Exfoliation with Black Soap and Kessa Glove

- ◆ Black soap is applied and the kessa glove is used to exfoliate deeply, removing impurities and dead cells.

Berber Warm Water Bowl Ritual

- ◆ After exfoliation, warm water is poured over the body to cleanse, soothe and relax the skin.

Rhassoul Clay Face Mask

- ◆ Rhassoul clay is applied to the face to detoxify and soften the skin.

Rhassoul Clay Hair Treatment

- ◆ Rhassoul clay, diluted in rose water or deionized water, is applied to the hair to purify and nourish.

Hair Wash

- ◆ The treatment ends with a hair wash to leave hair clean and light.

Duration 75min - 125€

Rose of the Rif

Bathing in a Hot Salt Water Pool

- ◆ Start with a dip in our warm saltwater pool to relax your muscles and open your pores, preparing your skin to receive the benefits of the treatment.

Honey Face Mask

- ◆ The experience begins with an exfoliation using honey and brown sugar. This natural mixture removes dead cells while moisturizing and nourishing the skin, leaving it soft and luminous.

Honey and Brown Sugar Exfoliation

- ◆ After exfoliation, a pure honey face mask is applied, which soothes and deeply moisturizes the skin, providing a healthy glow.

Hair Wash without Mask

- ◆ The treatment ends with a hair wash without applying a mask, to leave the hair clean and light, without adding products that can overload it.

Duration 1h/ 110€

Amazigh

Bathing in a Hot Salt Water Pool

- ◆ Start with a dip in our warm saltwater pool to relax your muscles and open your pores, preparing your skin to receive the benefits of the treatment.

Exfoliation with Cherry Scrub

- ◆ This is followed by a body exfoliation with a cherry scrub that removes dead cells and nourishes the skin, leaving it soft and luminous.

Cherry Red Clay Wrap

- ◆ Finish with a red cherry clay wrap, which detoxifies and tones the skin, providing essential minerals and leaving the skin firm and radiant.

Duration 50min / 80€

Facial treatments

Fatma Tazoughert

This ritual uses natural ingredients that cleanse, moisturize and vitalize the skin, reflecting the richness of the Berber culture.

Benefits

Deep Cleaning

- ◆ Ghassoul clay detoxifies and purifies the skin.

Hydration and Nutrition

- ◆ Sweet almond oil softens and deeply moisturizes.

Calming and Toning

- ◆ Lavender water brings freshness and balance to the skin.

This facial treatment offers an authentic cultural experience that leaves your skin radiant and renewed.

Duración 1h - 79€

Kahina

This treatment purifies, revitalizes and protects your skin, inspired by the power and wisdom of Kahina.

Benefits

Deep Purification

- ◆ Ghassoul clay detoxifies and removes impurities.

Hydration and Regeneration

- ◆ Prickly pear oil deeply moisturizes and fights aging.

Calming and Toning

- ◆ Orange blossom water balances and revitalizes the skin.

Duration 45min - 59€

Yamila

This ritual leaves your skin soft and radiant while connecting you with the rich Berber heritage.

Main ingredients

Ghassoul clay

- ◆ Detoxifies and purifies the skin, eliminating impurities and excess oil.

Rose water

- ◆ Soothes and tones, balancing the skin and keeping it fresh.

Argan oil

- ◆ Deeply hydrates, rejuvenates and leaves the skin soft and nourished.

This treatment combines the best of Berber tradition to provide clean, balanced and hydrated skin, with a natural and healthy glow.

Duration 40min/55€

Special bonuses

Premium Voucher for 5 Massages for 1 Hour

For those who value their well-being and take care of every detail of their routine, we offer our exclusive voucher for 5 1-hour massage sessions for only €325. With this voucher, you not only get a double discount, enjoying each session for only €65 (regular price €75), but you also have the freedom to choose the service you want from our menu on each visit.

Whether it's a relaxing massage, lymphatic drainage, or any other treatment from our selection, this voucher allows you to customize your experience to your needs at each session. An affordable luxury designed for those who want continuous well-being with total flexibility and considerable savings.

**The perfect gift for yourself or for those who
care the most!**

✦ 5 sessions - € 325

Exclusive Voucher of 10 Massages - 1 Hour Each

For those seeking comprehensive and ongoing care, we are introducing our 10-session 1-hour massage voucher for just €600. This voucher offers unbeatable value, with each session at just €60 (regular price €75), ensuring wellbeing and relaxation at an exceptional price.

The best part: it's up to you! With this voucher, you can freely choose any treatment from our menu on each visit, tailoring each session to your needs and preferences. From relaxing massages to specific treatments, you'll have the flexibility to personalize your experience.

✦ 10 sessions - € 600

Pool

1 - 25 €

Detox Ritual in Saltwater Pool (30 minutes) | €25 per person

Immerse yourself in 30 minutes of relaxation in our heated saltwater pool. Includes flip-flops, a bathrobe and a special infusion at the end to complete your revitalizing experience. Service subject to the contracting of a treatment or massage.

2 - 45 €

Detox Ritual in Saltwater Pool (60 minutes) | €45 per person

Enjoy a 60-minute detox ritual in our heated saltwater pool. Includes flip-flops, a bathrobe and a special infusion at the end to enhance relaxation. Service subject to the booking of a treatment or massage.